

Bhante Rewatha

Buddhistischer Mönch
Lehrer für Philosophie und Religion

Join Bhante Rewatha on a mindful journey, a monk and teacher offering tools for inner peace amid modern complexities. Commencing monastic life at 10, he holds a Royal Pandith title, an M.A. in Pali, and an M.Sc. in Mindfulness. As founder of Scotland Buddhist Vihara and 'Chief Monk of Great Britain' since 2009, he guides with humility. In 2015, he established 'Mindful Kids Preschool,' merging Eastern Tradition with modern psychology. Discover the gentle power of mindfulness with us.

Sprachen
englisch



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